

## WELCOME

Welcome to the endodontic practice of Drs. Engel and Martin. At Beach Endodontics, we would like to thank you for choosing our practice which is dedicated exclusively to endodontic care.

### Dr. Gregory T. Engel

Dr. Engel was born in St. Marys, PA. He earned his dental degree from the University of Pittsburgh and participated in a hospital-based General Practice residency at the National Naval Medical Center. After 6 years of general dentistry experience, he received his endodontic training, along with a Masters in Oral Biology, from the National Naval Dental Center in Bethesda, MD. Dr. Engel is married with one daughter and one son.

### Dr. Christina A. Martin

Dr. Martin is originally from Bellbrook, Ohio. She completed dental school at The Medical University of South Carolina and later moved to Chapel Hill, NC for a General Practice Residency. She completed her education at Virginia Commonwealth University where she earned her master's degree and certificate in Endodontics. After slowly moving closer and closer to the coast, she is excited to call Virginia Beach home. Dr. Martin has grown to love and appreciate living by the water with her husband and Labrador Retriever.

## WHAT IS AN ENDODONTIST?

An endodontist is a dentist with two or more years of intensive post-dental school specialty training. They specialize in root canal therapy, root canal retreatment and root canal surgery.

## WHAT IS A ROOT CANAL?

A root canal is a procedure designed to remove the dead or diseased pulp tissue from the inside of the tooth and replace it with a special filling material.

## HOW LONG WILL IT TAKE?

Most endodontic therapy can be completed in 1-2 visits. The number of visits and length of time depends upon your individual situation.

## WILL IT HURT?

With the most up-to-date techniques, local anesthetic to numb the tooth and analgesics (pain medication), root canal therapy is usually performed with minimal or no discomfort. In fact, a root canal is performed to remove dead, diseased or damaged pulp tissue thereby relieving pain. Nitrous Oxide sedation is not available.

## INTERNET INFORMATION

email: [vabeachendo@gmail.com](mailto:vabeachendo@gmail.com)  
websites: [www.beachendo.com](http://www.beachendo.com)  
[www.aae.org/patients](http://www.aae.org/patients)

## WHAT CAN I EXPECT AFTER MY ROOT CANAL?

During the first few days after treatment, it is normal for the tooth to be tender. This is because your body is working to heal the affected area. Try to avoid biting or chewing on a tender tooth during these first few days. If discomfort lasts more than a few days, please call our office.

## WHAT DO I NEED TO DO AFTER MY ROOT CANAL?

Once your root canal is completed, a temporary filling (restoration) is usually placed in your tooth. You may be advised to return to your dentist who will decide how best to complete the final restoration of your tooth to protect it from future fracture or decay.

## WHAT IS THE SUCCESS RATE OF A ROOT CANAL?

More than 90% of endodontically treated teeth are saved. Of course, getting a proper restoration following root canal treatment along with good oral hygiene and routine visits to your dentist all influence the prognosis. Unless there are other future complications (fractures, cavities, gum disease, etc.), root canal therapy should last a lifetime.

This will introduce:

\_\_\_\_\_

Appointment Date: \_\_\_\_\_

Appointment Time: \_\_\_\_\_

Referred by Dr. \_\_\_\_\_

Dr's Phone: \_\_\_\_\_

Tooth # \_\_\_\_\_

Referred for:

- Consultation
- Root Canal Therapy
- Retreatment
- Apicoectomy
- Post Space
- Other
- Radiographs emailed  
vabeachendo@gmail.com

Remarks:

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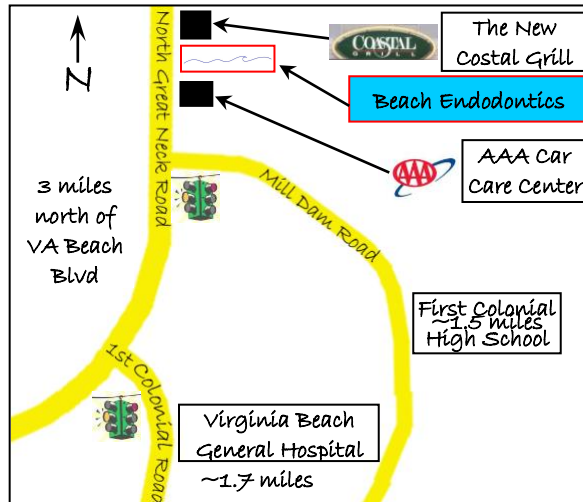
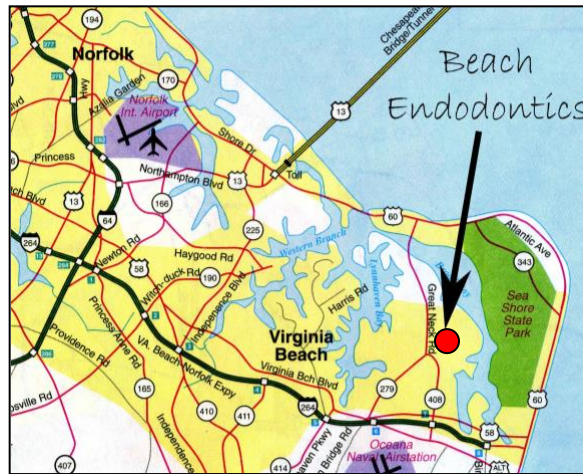
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**DIRECTIONS:**

From the west: Take I264 to exit 19C, take a left at the end of the exit onto London Bridge Road, stay on London Bridge Road as it becomes N. Great Neck Road. Continue for approximately 3 miles.

From the east: Take I264 to exit 21, take a right onto First Colonial Road and continue to its end, then make a right onto N. Great Neck Road.

We are on the right; just past Mill Dam Road between the AAA Car Care Center and the new Coastal Grill Restaurant.

# BEACH ENDODONTICS

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